

Step 1

First, warm up your voice with this exercise:

1X Play / 2X sing on "Da"



1X Play / 2X sing on "Ta"



1X Play / 2X sing on "Ma"



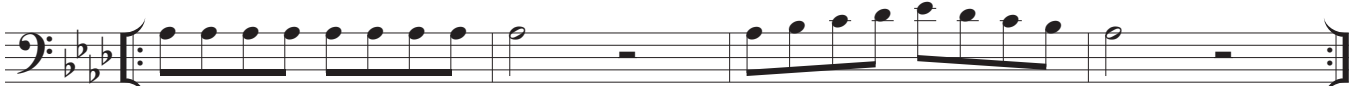
1X Play / 2X sing on "Doo"



1X Play / 2X sing on "Too"



1X Play / 2X sing on "Doh"

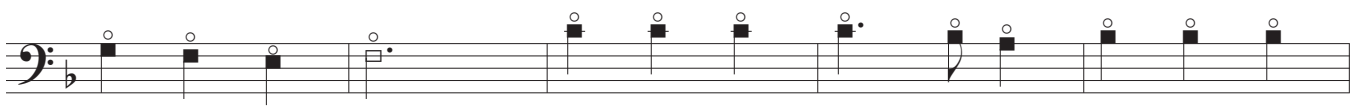


Play to get the starting pitch:

Sing through the trombone and place the slide:

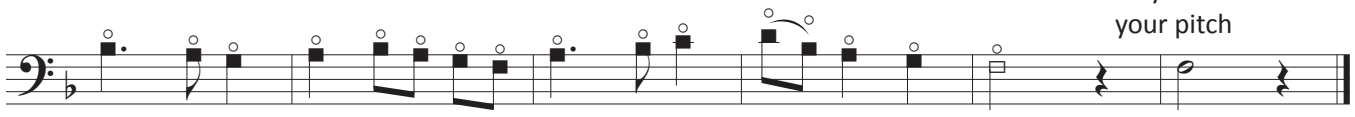


Musical staff with notes and fingerings: 1 1 4 2 1 4 2 etc...



Musical staff with notes

Play to check your pitch



Musical staff with notes and a slur

Step 2

Play

A musical staff in bass clef, 4/4 time signature. The notes are: D4 (quarter), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter).

Sing

2 2 1 3 etc...

A musical staff in bass clef, 4/4 time signature. The notes are: D4 (quarter), D4 (quarter), C4 (quarter), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter), C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter).

Play

A musical staff in bass clef, 4/4 time signature. The notes are: D4 (quarter), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), A4 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter).

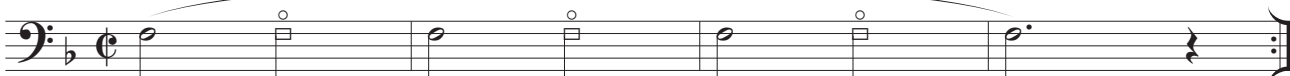
Sing

Play to check your pitch

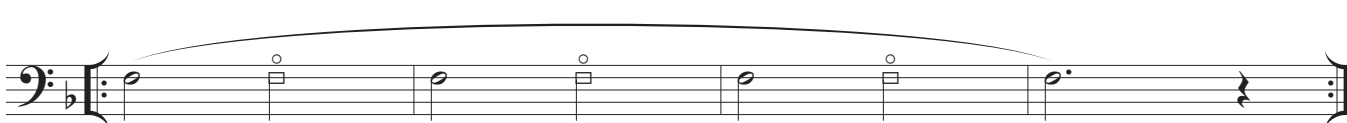
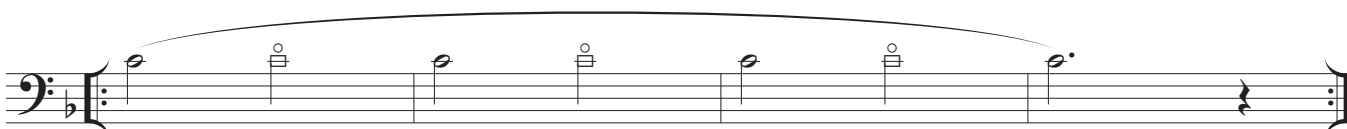

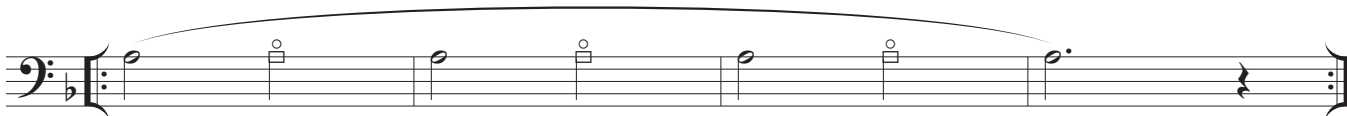
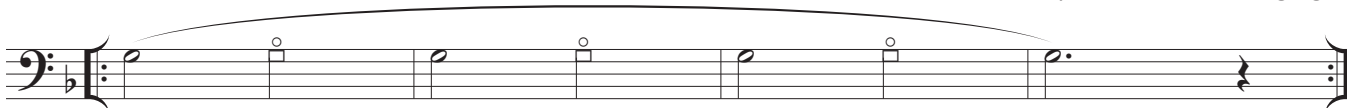
A musical staff in bass clef, 4/4 time signature. The notes are: D4 (quarter), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter), D3 (quarter), C3 (quarter), B2 (quarter), A2 (quarter), G2 (quarter). The staff ends with a fermata over the final note and repeat signs.

Step 3

No tongue; play each line in one breath; sing all square note heads

3.1 

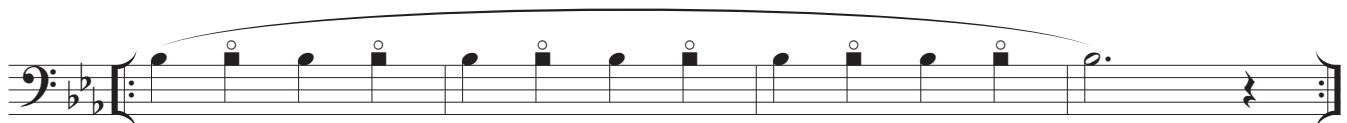
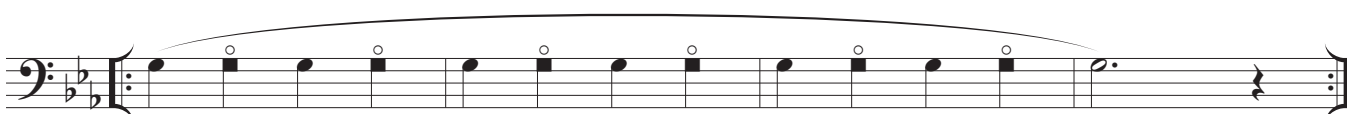
On each repeat, start with singing.



No tongue; play each line in one breath; sing all square note heads

3.2 

On each repeat, start with singing.



Sing all square note heads while placing the slide as though playing and tongue normally.

3.3

Play to check your pitch

Excerpt from "Russian Easter Overture" by Rimsky-Korsakov; NOTE: this excerpt is supposed to sound like a chant. Incorporating actual singing, as in this exercise, may help you improve your interpretation.

3.4

$\text{♩} = 60$

mf

3.5

3.6

No tongue

Transpose to other keys for additional practice.

Step 4

4.1

Musical notation for exercise 4.1, consisting of four staves in bass clef, 4/4 time, with a key signature of one flat. The notes are: Staff 1: G2, A2, B2, C3, D3, E3, F3. Staff 2: G2, A2, B2, C3, D3, E3, F3. Staff 3: G2, A2, B2, C3, D3, E3, F3. Staff 4: G2, A2, B2, C3, D3, E3, F3.

Play to get
your pitch

4.2

Musical notation for exercise 4.2, consisting of three staves in bass clef, 4/4 time, with a key signature of one flat. The notes are: Staff 1: G2, A2, B2, C3, D3, E3, F3. Staff 2: G2, A2, B2, C3, D3, E3, F3. Staff 3: G2, A2, B2, C3, D3, E3, F3.

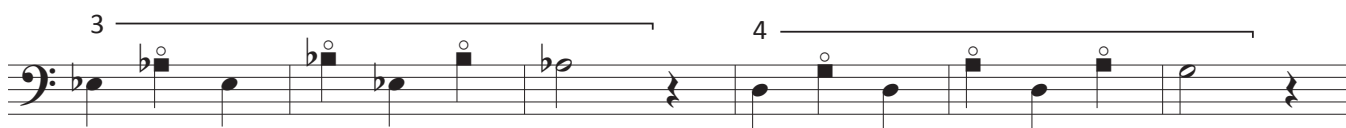
Transpose to other keys for additional practice.

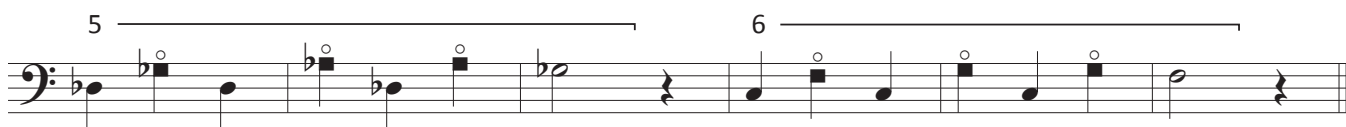
Step 5

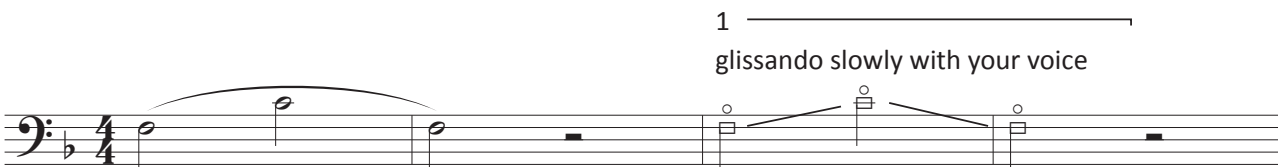
5.1 



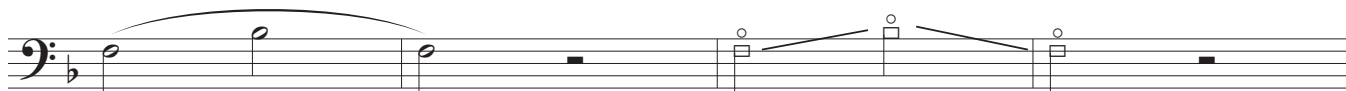
5.2 

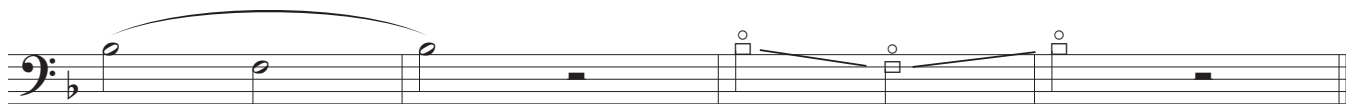




5.3 







Step 6

No tongue; play in one breath

6.1

The first staff of exercise 6.1 shows a bass clef with a common time signature. It begins with a quarter rest, followed by a quarter note G2, a quarter note F2, and a quarter note E2, all beamed together. A comma is placed above the E2 note. This is followed by a quarter rest, then a quarter note D2, a quarter note C2, and a quarter note B1, all beamed together. A long slur covers the entire phrase from the first G2 to the final B1. An asterisk is placed above the B1 note.

Keep the sound going!

The second staff of exercise 6.1 is identical to the first, showing the same sequence of notes and slurs.

The third staff of exercise 6.1 is identical to the first, showing the same sequence of notes and slurs.

The fourth staff of exercise 6.1 is identical to the first, showing the same sequence of notes and slurs.

No tongue; play in one breath

6.2

The first staff of exercise 6.2 shows a bass clef with a common time signature. It begins with a quarter rest, followed by a quarter note G2, a quarter note F2, and a quarter note E2, all beamed together. A comma is placed above the E2 note. This is followed by a quarter rest, then a quarter note D2, a quarter note C2, and a quarter note B1, all beamed together. A long slur covers the entire phrase from the first G2 to the final B1. An asterisk is placed above the B1 note.

Keep the sound going!

The second staff of exercise 6.2 is identical to the first, showing the same sequence of notes and slurs.

The third staff of exercise 6.2 is identical to the first, showing the same sequence of notes and slurs.

The fourth staff of exercise 6.2 is identical to the first, showing the same sequence of notes and slurs.

No tongue; play in one breath

6.3

1

Exercise 6.3, first staff. Bass clef, common time. The first measure contains a quarter note G2, a quarter note A2, and a quarter note B2, all beamed together with a slur and a fermata. The second measure is a quarter rest. The third measure is a quarter note G2 with a slur and a fermata. The fourth measure is a quarter note F2 with a slur and a fermata. The fifth measure is a quarter note E2 with a slur and a fermata. The sixth measure is a quarter note D2 with a slur and a fermata. The seventh measure is a quarter note C2 with a slur and a fermata. The eighth measure is a quarter note B1 with a slur and a fermata. The ninth measure is a quarter note A1 with a slur and a fermata. The tenth measure is a quarter note G1 with a slur and a fermata. An asterisk is placed below the eighth measure. A horizontal line with the number '1' above it spans the entire staff.

Keep the sound going!

2

Exercise 6.3, second staff. Identical to the first staff, but with a horizontal line and the number '2' above it.

3

Exercise 6.3, third staff. Identical to the first staff, but with a horizontal line and the number '3' above it.

4

Exercise 6.3, fourth staff. Identical to the first staff, but with a horizontal line and the number '4' above it.

No tongue; play in one breath

6.4

1

Exercise 6.4, first staff. Bass clef, common time. The first measure contains a quarter note G2, a quarter note A2, and a quarter note B2, all beamed together with a slur and a fermata. The second measure is a quarter rest. The third measure is a quarter note G2 with a slur and a fermata. The fourth measure is a quarter note F2 with a slur and a fermata. The fifth measure is a quarter note E2 with a slur and a fermata. The sixth measure is a quarter note D2 with a slur and a fermata. The seventh measure is a quarter note C2 with a slur and a fermata. The eighth measure is a quarter note B1 with a slur and a fermata. The ninth measure is a quarter note A1 with a slur and a fermata. The tenth measure is a quarter note G1 with a slur and a fermata. An asterisk is placed below the eighth measure. A horizontal line with the number '1' above it spans the entire staff.

Keep the sound going!

2

Exercise 6.4, second staff. Identical to the first staff, but with a horizontal line and the number '2' above it.

3

Exercise 6.4, third staff. Identical to the first staff, but with a horizontal line and the number '3' above it.

4

Exercise 6.4, fourth staff. Identical to the first staff, but with a horizontal line and the number '4' above it.

Step 7

7.1

Musical notation for exercise 7.1, first staff. Bass clef, 4/4 time, key signature of two flats. A slur covers the first five notes: G2, F2, E2, D2, C2. The rest of the staff consists of eighth-note chords starting from G2.

Musical notation for exercise 7.1, second staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords from the first staff.

Musical notation for exercise 7.1, third staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords, including some beamed eighth notes.

Musical notation for exercise 7.1, fourth staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords, ending with a final chord.

7.2

Musical notation for exercise 7.2, first staff. Bass clef, 4/4 time, key signature of two flats. A slur covers the first five notes: G2, F2, E2, D2, C2. The rest of the staff consists of eighth-note chords starting from G2.

Musical notation for exercise 7.2, second staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords.

Musical notation for exercise 7.2, third staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords.

Musical notation for exercise 7.2, fourth staff. Bass clef, 4/4 time, key signature of two flats. Continuation of eighth-note chords, ending with a final chord.

Step 8

1

8.1

1

glissando slowly with just your voice

(resultant tone)

2

2

glissando slowly with just your voice

3

3

glissando slowly with just your voice

4

4

glissando slowly with just your voice